

Special points of interest:

- Half Term Projects
- Community Funday
- BBBCO Girls Group
- BBBCO Youth Group
- Bromley By Bow FC
- BBBCO Women's Club

Management Committee

Shamim Miah
 Naz Hussain
 Abul Salam
 Mamun Chowdry
 Khalid Hussain
 Abdul Islam
 Tuhin Miah
 Mashuk Uddin

www.bbcco.co.uk
info@bbcco.co.uk

Marner Centre
 Devas Street
 London E3 3LL



www.poplarblog.co.uk— A BBBCO project to get information flowing in and around Poplar...so get blogging !!

Highlights of 2010

2010 has been an extraordinary year for Bromley By Bow Community Organisation with the support of local residents and the supporting partners we have delivered a host of projects and activities that has benefitted all. From young to old, the community has **grown substantially** and our path is getting stronger and closer to where we want to be. Please take some time out to read some of the fantastic projects that has

taken place and is still ongoing. We would like to thank all the volunteers and participants for making it a success and long may it continue into 2011.



had over **200 young participants** in one or more of our sports and education sessions between the ages of 9–15.

The **BBBCO half-term Olympic Projects** has been a great success as we

More info on www.bbcco.co.uk

BBBCO Community Funday



With over 400 people at-

tending the Funday organised by the BBBCO Girls & Youth Group, we saw a fantastic day of performances and activi-

ties. Supported by Apollo

Group & Poplar Harca. Watch the Video on www.bbcco.co.uk or <http://bit.ly/byDnDx>

Thanks for your questionnaire responses and we look to deliver some requests.

BBBCO Youth Group

There has been many Creative sessions being delivered for the 13-19 year olds including Music, Arts & Drama. For more information look out for the posters



on www.bbbco.co.uk. Also to be uploaded is a new music track that they have produced along with a documentary that they took part in regarding Canary Wharf. They also participated in many trips to local theatres watching productions like "off the Wall" that

tackles issues relating to drugs and anti social behavior. Residential and Sports Tournaments has helped build the relationships amongst the youth and has tackled many territorial issues.

Days Out...



"Go Karting Sessions, Horse Riding & the Textiles Course were some of the fantastic Courses that were available"

- Nizamul , Age 16

Kickboxing Mondays @ 6pm in Marner Centre



Paintballing Trip 2010



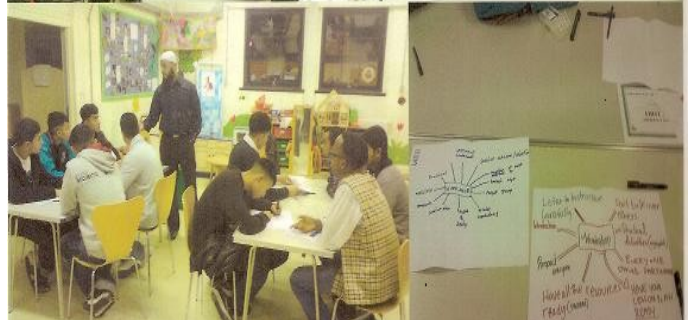
(Picture Left) And also Football Tournaments (Picture Below) Thanks to Mizan coordinating some of the projects.

Various Tournaments were held during the summer including a Volleyball tournament.



Residential 2010

Leadership & Personal Development workshops were delivered in a residential to Wales. The Youth Group still runs is session on a **Thursday Evening @ the Marner Centre.** So Drop along to get equipped with skills & accreditations on various Subjects & Area's.



Discover London – BBBCO Ladies Group



and staring through the gates of Buckingham Palace were some of the things that the Ladies of Bromley and starting London before. A group of 15 ladies used the London Underground over a series of days to Discover London. Due to the success of the Project we plan to deliver a similar project in Devons & Bow Bridge Estates. This project enabled the ladies to gain confidence in Traveling around London.

A walk along the Embankment...Chiming to the tune of the Ben Ben, Over looking the Houses of Parliament by Bow did as part of there Discover London Project. As many have not had the opportunity to see the sites of

Elderly Luncheon Club @ Marner Centre Thursday Afternoon



Girls Group First Aid Course—

Thanks to LIC (Leaders in Community) for delivering joint programmes in Cafe Reconnect, St Pauls Way

BBBCO Girls Group

With many workshops & activities on offer the Friday Girls Group is in full swing from 6pm @ Marner Centre. A big thanks to Volunteers Rayhana & Husna for there hard work in getting this together and delivering a variety of sessions to the local girls & community.



Youth Work Course and have enjoyed many team-building days out. A recent development for the group saw the First Bromley by Bow Girls Sports Team.

They also successfully completed an Introduction to

Future Jobs Fund—Thanks to Rubinkis & Zillu for there hard work & efforts during there 6 month

BBBCO Girls Sport Team

A 15 week programme in partnership with BFA (Bangladeshi Football Association) delivered a host of coaching and training session for the Girls group. They also completed a Health & Fitness course and learned how to measure/assess



Health & Fitness levels, understanding measures to improve Health and Fitness, basic nutrition for Health and setting achievable goals for healthier lifestyles. At the end of the course the group was taken to see a live premiersip match at the Chelsea Stadium. Also they came 3rd place in a recent borough football tournament.



Photography Course –

Girl Youth Group on Fridays @ 6pm in Marner Centre

COMPETITION

WIN a BBBFC Hoody —Which year was BBBFC first Established?

A. 1989 B. 1990 C. 1992

Email Answer to info@bbfco.co.uk with contact details. Closes 26th Feb 2011.



Along with many groups & projects in BBBCO, we have 5 football teams playing in FA affiliated leagues across London. **Bromley by Bow FC** — Expectations were high this year for BBBFC to win the Summer League 2010 both from Supporters & Players, BBBFC have only once won the Summer League Premier Division which was back in 2008, since that title BBBFC have been recognized as team to be reckoned with & as the years have gone by the team has strengthen attracting big players & producing some of the best young home grown players in the league. Unfortunately this year was not our year to be, finishing mid-table which was very poor by BBBFC standards, injuries to several key players had a big part. Currently the are on top of the table in the ILFL 10/11 league, so come on and support them !! **Thanks to management Shoffique & Kashim.**

SUDOKO

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Bromley by Bow Football Club

Bromley Juniors being a young team as always were hyped for the Summer League 2010, they started the Summer league with a bang winning 5 straight games making them favourites to win the league, Then the injury jinks of the Senior team had also



affected them & from being a 20 man squad they were struggling to put out 11 players out on the field. It was a disappointment end to the season as juniors failed to make promotion as it was so near, the team is still young & have learnt a lot. Thanks to Manager Nagim for his commitment & passion. **Bromley Under (Pic Above) 14 & U16 (Picture Below)** also made



an impact in the Summer 2010 Leagues with Bromley Under 14 taking 3rd place & the Under 16 Team coming in 2nd place with both teams making an impact in there leagues. Thanks to manager's Kash & Olie for there time &

commitment. Due to the success of the Under 16 team they plan to go to Sweden for the Gothia Cup. **Bow Football Club** —BBBCO has also taken on a new young team that have started playing the Summer & Winter Leagues, we would like to wish managers Mashuk & Rokibul for there hard work in setting up the team and engaging the youth from Devons and Bow Bridge.

STAR PROFILE— Name: Abdul Mukith (Dipon)- Position: Defender-

Joined the club through the Youth Team and played a crucial part as a Midfielder during the season that they got promoted. As a natural young progression into the Bromley FC Team, Dipon adds the UK Bangladeshi Championship to his list of Honours & Achievements (London Fire Brigade Tournament, Splash Tournaments and many other 7 & 11-a-side competitions including Friday Night Footy- FNF). Dipon combines outstanding ball judgment, strength and great leaping ability. He displays great playmaking attributes from his midfield position that he had acquired previously, but his athleticism and "Mean Machine" attitude landed him a defensive role. He also approaches defensive tackles like a bulldozer and heads the ball higher than a crane.



In his spare time, he likes participating in Performing Arts and has taken an interest in studying an aspect of this. He also likes to let his hair down by Unicycling and collecting buttons.

Training Sessions @ Marnar: Monday U16's, Tuesday: Bow FC, Wednesday: BBB Juniors Thursday: BBBFC – Sat & Sun: Match Days